

DOCTOR DISCUSSION GUIDE

A list of questions to discuss with your dermatologist about ABSORICA LD™

ABSORICALD™
isotretinoin capsules
8mg • 16mg • 24mg • 32mg

WHAT IS ABSORICA LD?

ABSORICA LD is a prescription medicine used in patients 12 years of age and older for the treatment of severe nodular acne that cannot be cleared up by any other acne treatments, including antibiotics.

Do not change between ABSORICA LD and ABSORICA or other isotretinoin products.

I'm ready to move beyond the breakouts—let's talk Prepare for a successful conversation about ABSORICA LD

We hope you'll find this guide useful when having a conversation with your dermatologist about whether ABSORICA LD (pronounced AB-SORE-I-KAH L-D) is right for you.



The risks of delaying treatment

- Will my persistent severe (nodular) acne go away on its own?
- How does severe (nodular) acne affect the structure of my skin?
- If I delay treatment, could my severe (nodular) acne cause permanent scarring?



Treating persistent severe (nodular) acne with ABSORICA LD

- How does ABSORICA LD work?
- Is ABSORICA LD right for me?
- How will I know if ABSORICA LD is working?
- When will I start seeing results?
- Is ABSORICA LD the same as Accutane™?



Taking ABSORICA LD

- What should I do if I miss a dose?
- Do I have to take ABSORICA LD with food?
- Can I take ABSORICA LD with other medications?
- Are there any side effects with ABSORICA LD?
- How long should I expect to take ABSORICA LD?



Getting my prescription

- How do I enroll in the iPLEDGE® Program?
- What do I have to do each month before getting my prescription?
- What if my pharmacy substitutes ABSORICA LD with a generic isotretinoin medication?



Costs and coverage for ABSORICA LD

- Will my insurance cover ABSORICA LD?
- How do I use the ABSORICA LD Copay Card?
- Do I qualify for the Patient Assistance Program?

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about ABSORICA LD?

ABSORICA LD can harm your unborn baby, including birth defects (deformed babies), loss of a baby before birth (miscarriage), death of the baby, and early (premature) births. Patients who are pregnant or who plan to become pregnant must not take ABSORICA LD.

Patients must not get pregnant:

- for 1 month before starting ABSORICA LD
- during treatment with ABSORICA LD
- for 1 month after stopping ABSORICA LD

IMPORTANT SAFETY INFORMATION (CONTINUED)

If you get pregnant during treatment with ABSORICA LD, stop taking it right away and call your healthcare provider.

Patients taking ABSORICA LD must register in the iPLEDGE® Pregnancy Registry at 1-866-495-0654 or www.ipleddgeprogram.com. See your healthcare provider for further information.

ABSORICA LD can cause serious mental health problems, including:

- **depression, psychosis** (seeing or hearing things that are not real)
- **suicide**. Some patients taking ABSORICA LD have had thoughts about hurting themselves or suicide. Consult your healthcare provider if you have such thoughts.

Stop taking ABSORICA LD and call your healthcare provider right away if you or a family member notices any signs or symptoms of depression or psychosis.

What are the possible side effects of ABSORICA LD?

ABSORICA LD can cause serious side effects, including:

- **increased pressure in the brain (intracranial hypertension)**. ABSORICA LD can increase the pressure in your brain. This can lead to permanent loss of eyesight, and in rare cases, death. Stop taking ABSORICA LD and call your healthcare provider right away if you get any of these signs of increased brain pressure:
 - bad headache
 - blurred vision
 - dizziness
 - nausea or vomiting
 - seizures (convulsions)
 - stroke
- **serious skin problems**. Skin rash can occur in patients taking ABSORICA LD. Sometimes rash can be serious and may lead to death. Stop using ABSORICA LD and call your healthcare provider right away if you get:
 - conjunctivitis (red or inflamed eyes, like “pink eye”)
 - rash with a fever
 - blisters on legs, arms or face
 - sores in your mouth, throat, nose or eyes
 - peeling of your skin
- **inflammation of your pancreas (pancreatitis)** can happen in patients who take ABSORICA LD and can lead to death. Call your healthcare provider right away if you have any of the following symptoms of pancreatitis:
 - severe upper stomach (abdomen) pain
 - swelling of your stomach
 - nausea and vomiting
 - fever
- **increased blood fat (lipid) levels**. ABSORICA LD can raise blood fat levels (cholesterol and triglycerides). Your healthcare provider will do blood tests to check your lipids before and during treatment. These problems usually go away when ABSORICA LD treatment is finished.

- **hearing problems**. Stop using ABSORICA LD and call your healthcare provider if your hearing gets worse or if you have ringing in your ears. Your hearing loss may be permanent.
- **liver problems, including hepatitis**. Your healthcare provider will do tests to check your liver before and during treatment with ABSORICA LD.
- **inflammation of your digestive tract (inflammatory bowel disease)**. Stop taking ABSORICA LD and call your healthcare provider.
- **bone and muscle problems**. Bone problems include bone pain, softening or thinning (which may lead to fractures). Tell your healthcare provider if you plan hard physical activity during treatment with ABSORICA LD.

Stop ABSORICA LD and call your healthcare provider right away if you have muscle weakness, which can be a sign of serious muscle damage.

ABSORICA LD may stop long bone growth in teenagers who are still growing.

- **vision problems**. Stop taking ABSORICA LD and call your healthcare provider right away if you have any vision changes. ABSORICA LD may affect your ability to see in the dark. Some patients get dry eyes during treatment. If you wear contact lenses, you may have trouble wearing them during and after you stop treatment with ABSORICA LD.
- **serious allergic reactions**. Stop taking ABSORICA LD and get emergency medical help right away if you get hives, a swollen face or mouth, or have trouble breathing. Stop taking ABSORICA LD and call your healthcare provider if you get a fever, rash, or red patches or bruises on your legs.
- **blood sugar problems, including diabetes**. Tell your healthcare provider if you are very thirsty or urinate more than usual.

The most common side effects of ABSORICA LD include:

- dry lips
- dry skin
- back pain
- dry eyes
- joint pain
- nose bleeds
- headache
- upper respiratory tract infection (common cold)
- chapped lips or swelling of the lips
- skin reactions
- muscle problems
- eye problems, including decreased vision

These are not all of the possible side effects of ABSORICA LD. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088 or Sun Pharmaceutical Industries, Inc. at 1-800-818-4555.

Please see full Prescribing Information and Medication Guide.